



Wall Township Public Schools

Office of Intervention Programs & Student Wellness K-12
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Dear Wall Community,

The Wall Township Wellness Department and I would like to thank our parents, guardians, and community caretakers whose support contributed to the success of *The 7 Mindsets* program. Year one of implementation surpassed expectations as our community joined together to celebrate each mindset in ways that honor the spirit of the program. To best capture the essence of the mindset experience, we invite you to view the presentation linked [HERE](#) and posted on our District website.

Next year, we will embrace our second year of implementation with continued instruction on each mindset, school-wide activities for children to apply positive habits of mind, Wellness in the Works parent newsletters, and monthly showcases to the community at Board of Education meetings. We will dive deeper into the program with some new instructional initiatives including Wellness Webinars for students grades 3-8 to facilitate grade-level discussions in real-time, 9th-grade transitional curriculum aligned to the mindsets, student leadership opportunities a.k.a. Mindset Mentors, and additional curricular connections embedded in classroom instruction.

Before we break for the summer, I would like to offer access to the 7 Mindsets audiobook [HERE](#) if you missed the opportunity to read it last year. I also wanted to share some of the feedback I collected throughout this year. I hope I captured the thoughts of all who spoke with me about their experiences.

*On the first day of school, I sent my most precious gift off with a little distress.
What's this "The 7 Mindsets" thing... another program with promises of success?*

*Will my child have disappointments or feelings of being rejected?
Reoccurring thoughts were suddenly settled with a newsletter, **WE ARE CONNECTED.***

*My child's new vocabulary included treasuring oneself and a Dream Team,
An overwhelming **ATTITUDE of GRATITUDE** filled my heart at full steam.*

*Months of excitement, my child explored talents and reminded me "**PASSION FIRST.**"
THE TIME IS NOW for me to reinforce these positive ideals being rehearsed.*

*The counselors' and teachers' positive messaging: **EVERYTHING IS POSSIBLE**
Enhanced self-esteem through opportunities to be self-responsible.*

*My child is wiser, more mature, and closer to **100% ACCOUNTABLE**,
Embracing hardships, becoming resilient, courageous, and capable.*

*By June my fears subsided but in September my anxieties again live.
My child assures me, "Mommy, we don't live anxiously, we focus on others and **LIVE TO GIVE!**"*

With warm regards,

Tiffany A. Steiner
Director of Intervention Programs and Student Wellness